

# MFM Dance Bingo

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D	A	N	C	E
Practice your recital dance for 10 minutes!	Practice your Plies and Tendus	3 random acts of kindness	Find a spot in your home to use as a stage and dance on it	Clean out your dance bag
Practice doing a perfect ballet bun.	Practices your stretches	Create your own dance at home and email it to Ms Danielle	Draw a picture for your favorite dance teacher	Share a throwback dance pic on Instagram and tag us
Color a dance picture	Record yourself doing your recital dance and email it to Ms Danielle:	<i>Free Space!</i>	Teach mom or dad your favorite dance step and send video to Ms. Danielle	Take a picture in your MFM gear and send to Ms. Danielle
Teach a family member your recital dance.	Practice your splits for 10 minutes. Left, Right, and Center	Find a new song for to use for warm up. Choreograph a warm up to your song.	Watch a dance movie!	Play outside for 30 minutes
Do 15 minutes of GoNoodle	10 minutes of quiet, alone time	Challenge mom or dad to a game of freeze dance	Take a picture in your favorite leotard, tutu, or dance costume	Set a dance goal to accomplish by fall

Complete each task and have your parents initial the box. If you can fill up the whole card by the time we return for classes, you will

