

MFM Dance Bingo

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Use the hashtag #MFMdanceBingo

D	A	N	C	E
Practice your recital dance for 10 minutes!	Practice your Plies and Tendus	3 random acts of kindness	Find a spot in your home to use as a stage and dance on it	Post a picture in your arabesque. Don't forget to tag us!
Jump like a bunny	Practices your ballerina walks	Create your own dance at home and email it to Ms Danielle	Draw a picture for your favorite dance teacher	Practice your gallops
Color a dance picture	Record yourself doing your recital dance and email it to Ms Danielle:	<i>Free Space!</i>	Teach mom or dad your favorite dance step and send video to Ms. Danielle	Post a picture in your MFM gear. Don't forget to tag us!
Teach a family member your recital dance.	Hop in one foot	Practice your smile for stage	Watch a dance movie!	Play outside for 30 minutes
Do your butterfly stretch	10 minutes of quiet, alone time	Challenge mom or dad to a game of freeze dance	Post a picture in your favorite leotard, tutu, or dance costume. Don't forget to tag us!	Practice your high marches

Complete each task and have your parents initial the box. If you can fill up the whole card by the time we return for classes, you will

